Chapeltown Springboard Social Café is a SOARing Success

A Springboard Social Café in Chapeltown seeks to combat isolation and Mental Ill Health by positively engaging in the community. The café is a great starting point for those who want to meet others, build confidence and self-esteem. The Springboard Social Café provides the perfect atmosphere helping people to help themselves.

At 82nd Chapeltown Scout Hall, Burncross Rd, Sheffield S35 1RX, every other Tuesday, the café provides activities, a meal, signposting and support, where all are welcome.

For further details please contact Schani on 07507 791471. The café is a partnership between SOAR and MIND and is funded by People Keeping Well.
PARTY IN THE PARK
With High Green in Bloom

Party in the Park will be on Saturday 1st September, 11am to 3pm. Along with local community stalls, there will be face painting, games, BBQ, bouncy castle, go - carts and trampolines, among other activities for all the family. Everyone welcome.

The event is organized by High Green in Bloom, a small group of committed volunteers, looking to enhance the green spaces around the village for everyone to enjoy. They are always looking for new members, you don’t have green fingers just a willingness to get involved, so if you have a spare hour or two, please come and join us, you would be more than welcome. We generally meet in the Rose Garden on Saturday mornings 10am to 12 noon or find us on Facebook @High Green in Bloom.

What have HGiB been up to recently?
After the terrible wet winter we’ve had, we managed to get back in to the Rose Garden (Mortomley Park) in April to start tidying and planning for the summer. The daffodils and spring planters around the village put on a great show, and we’ll be replanting for the summer months soon. We’ve had a welcome donation recently from Erris Homes, who are developing the old Market Inn site, and this will help to buy the plants for the village planters for summer and next spring.

We’ll be welcoming the Yorkshire In Bloom judges to the village again, on Thursday 19th July, so fingers crossed for a good day.
We’ve also been speaking with Sheffield City Forester to identify a site in the Rose Garden at Mortomley Park for one of the WW1 Commemorative Oak Trees, which is a real privilege to be part of the City wide scheme for the village, and we’re glad to say we have a spot in mind and the oak will be planted by Parks Services in the autumn, in time for Armistice Day.

YORKSHIRE DAY
Ongoing refurbishment works at the Miners Welfare – the usual venue for the Yorkshire Day event means that the event will now be taking place in St Mary’s Church Hall, Packhorse Lane on Sunday 29th July – 10am to 3pm. The event is free and all are welcome.

GET INVOLVED
We are looking for people who are interested in creating articles of interest to the local community. E.g. news worthy items, recipes, forthcoming events in the area, contacts of an infirmity nature etc.

If you are interested in local transport and would be keen to join the Transport Forum group od HiGAT.

Please note that these groups are run on a non-political basis, even though local city councilors are invited to join working parties.

If you are able to participate in these groups please contact us using the email address: TheHighGreener@hotmail.co.uk

Quick and Easy Recipe
Chicken with Tomatoes and Olives

Serves 1
Ingredients
- 1 boneless, skinless chicken breast
- a little seasoned flour for dusting
- 1 tbsp olive oil
- 1 large ripe tomato, chopped
- 2 tsp capers
- handful of olives
- splash white wine (or water, if you prefer)
- chopped chives or parsley

Method
1. Split the chicken breast almost in half and open it out like a book. Bash with a rolling pin to flatten, then lightly coat in the seasoned flour. Heat the oil in a pan, add the chicken and cook for 3-4 mins on each side until crisp, browned and cooked through. Remove from the pan and keep warm.
2. Add the tomato, capers, olives and wine to the pan, season to taste, then bring to the boil. Bubble the sauce for 2-3 mins until the tomatoes are starting to break down, then spoon over the chicken and scatter with chopped herbs. Delicious with steamed potatoes.
**MONDAY**
St Mary's Lunch Club
From 12.30pm – St Mary’s church every second Monday of the month
Golden Days Age Well Group
1.30pm to 3.30pm – Miners Welfare
Keep Fit with Katy
2.00pm – St Saviours Church Hall, £3.50 – Telephone 0114 284 6580 or 07722 926 6802 for more information

**TUESDAY**
Tea & Toastie Club
9.00am to 12 noon - High Green Miners Welfare
Health Walks
10.30am to 11.30am start Meet by Ecclesfield Parish Council Office
Chatty Crafters
12 noon to 4.00pm Ecclesfield Parish Council Community Room, Pack Horse Lane
Job Club
1.00pm to 3.00pm - The Project, Greengate Lane
Over 50’s Bowling
2.00pm to 4.00pm - Thorncliffe Bowling Club, Off Mortomley Close, High Green. Beginners welcome.
Kids Club
5.30pm to 7.30pm – Angram Bank Pavilion
Brush Strokes
7.00pm to 9.00pm Ecclesfield Parish Council Community Room, Pack Horse Lane
Martial Arts - Karate, Aikido and Ju-jitsu – Miners Welfare
7.00pm to 8.15pm - ages 6 to 16
8.15pm to 9.30pm – adults
Chapeltown Springboard Social Café – every other Tuesday - 10.00am to 4.00pm - 82nd Chapeltown Scout Hall, Burncrooks Road - for further details contact Schani on 07507 791471

**WEDNESDAY**
Art Classes
9.00am to 4.00pm – Parish Council Community Room, Pack Horse Lane
Coffee Morning
10.00am to 12 noon at High Green Methodist Church, Wortley Road
Breakfast Brunch Club
9.30am to 12.00 noon
Every other Wednesday (next on 6th December) – Newgate Close Community Centre
Coffee/Brunch Club
10.30am to 12 noon – Angram Bank Pavilion

**THURSDAY**
High Green Saving Scheme
9.30am to 10.30am - The Project, Greengate Lane
Coffee Morning
9.30am to 11.00am – Newgate Close Community Centre
Fitness and Fun
11.00am to 1.00pm - Paces Campus, Pack Horse Lane
Crafty Cards
12 noon to 4.00pm Ecclesfield Parish Council Community Room, Pack Horse Lane
Kids Church Club Activities
3.45pm during term time – Foster Way Pavilion. Games, snacks, bible stories & crafts
192nd Sheffield Brownies
6.00pm to 7.30pm – St Saviours Church Hall, Mortomley Lane
Shape & Tone Fitness – Total Body Workout
6.15pm - 7.15pm - Paces Campus, Packhorse Lane
Keep Fit with Katy
7.45pm – St Saviours Church Hall, £3.50 – Telephone 0114 284 6580 or 07722 926 6802 for more information

**FRIDAY**
The High Green Mother’s Union - Coffee, Cake and Company
10.30am to 12 noon, 3rd Friday of each month – St Saviours Church, Mortomley Lane, Pack Horse Lane
Friday Art Group
10.00am to 12 noon - Parish Council Community Room
Kinsey Road Lunch Club
12 noon to 2.00pm - Kinsey Road Centre Community Room
Friday Feast
4.30pm - St Saviours church Hall Mortomley Lane - 2 course meal for anyone who like to attend, made on site out of quality ingredients. - Adults £1 Children Free
Martial Arts - Karate, Aikido and Ju-jitsu – Miners Welfare
7.00pm to 8.15pm - ages 6 to 16
8.15pm to 9.30pm - adults
Mortomley Lane
MP Surgery
First Friday of each month – times to be confirmed Paces Campus, Packhorse Lane

Coach trips – coach trips have been organized by Lane End and Mortomley TARA.
Whitby – 10th June – fully booked
Scarborough - 15th July (booking taken after 10th June)
Bridlington – 19th August (booking taken after 5th July)
Skegness – 23rd September (booking taken after 19th August)
Adults £7.00, Children £3.00
Ticket only – payment must be made with booking.
Call Keith on 0114 2847640 to book and for further details.
Funding boost for Sheffield charity’s work to support parents of disabled children

Paces, the Sheffield charity and school which supports children, adults and families with Cerebral Palsy, has been awarded a £75,000 grant to develop their work helping parents of disabled children.

The funding, from The Henry Smith Charity - an independent trust which aims to bring about lasting change to people’s lives, will be used over the next three years to launch a ‘Families for Families’ mentoring network. It will support 40 parents over three years by providing them with the resources, support and information they need to have the confidence to manage their children’s needs. The aim is to ensure they have access to the services available and reduce the potential for their isolation by sharing both knowledge and experience. The work provided by this grant will complement the outreach programme which is being funded by last year’s £80,000 support from BBC Children in Need.

Dr Spencer Pitfield OBE, Interim Chief Executive of Paces, said: “One of our priorities at Paces has always been to support not only children with Cerebral Palsy but their families and this grant from The Henry Smith Charity will allow us to develop our pioneering work in this area.

“We know that parents can often feel alone, isolated and unsure where to turn for support following their child’s diagnosis. By providing support for their family, we hope to break down those barriers, provide access to those who have experienced the challenges and signpost the way to the help that is on offer.”

USEFUL NUMBERS

Doctors: High Green Health Centre, Thompson Hill 0114 232 9030
Dr R T Kemp 0114 266 7000
Dr W E Warren 0114 286 7000
Dr C A Mills 0114 286 7000
Dr C A Mills, Buncroacy Surgery, 1 Bevan Way 0114 232 9030
Dr M Z Mahmood, Cape Horn Medical Centre, 1 Jeffcock Rd 0114 284 6722

Dentists: Michael & Margaret Naylor & Associates, High Green Dental Practice, 3 Worrley Road 01142 846723

NHS Direct – 111

Pharmacies: Rowlands Pharmacy, The Old Surgery, Bevan Way 0114 246 2636
Lloyds Pharmacy, 96A Mill Rd 0114 246 9383
Lloyds Pharmacy, Foster Way 0114 284 8291
ASDA Pharmacy, 1 Market St, Chapeltown, 0114 240 4210
Inside Nisa, 104 Worrley Road 0114 2847007

Vets: Beech House Vets, 106 Greengate Lane 0114 2844855, beech.house.vets@zen.co.uk
Abbey Vets, Worley Road 0114 284 8481

Non-emergency police – 101

REPORT VANDALISM & ANTI-SOCIAL BEHAVIOUR

CALL 101

If you witness or are the victim of vandalism or anti-social behaviour, please report it to the police by telephone as soon as possible on 101.

Although it may not be possible for the police to “do anything” right now, the more reports of such activity that are made the more likely our community policing team can be more effective in the worst affected areas and target the culprits.

If these offences are not reported the authorities are not made aware of the concerns that we all have.