Photo by: JS Photography Productions

Thanks to Jessica and Stuart Whiteley for providing this beautiful photo taken in Spring Woods earlier this summer.
Photograph’s provided by J.S. Photography
Please send your High Green photos to us via email: TheHighGreener@hotmail.com

News from around High Green

The High Greener
FREE COPY – PLEASE TAKE ONE

High Green Gymnastic Academy Going from Strength to Strength

High Green Development Trust have been working together with High Green Gymnastics for three years on developing and expanding the club, from a small group of around 80 members per month, to one of the most successful groups in Sheffield, seeing over 500 members come through the doors each week and a substantial waiting list. The club has come on from a small family run four member team to a team of 16 mixed ability and specialist coaches and management team.

The group was developed off the back of the success of Lead coach and founding member, Paige Marriot and the success of the Great Britain Gymnastic team in the London Olympics, which saw an interest in gymnastics grow nationally.

Head Coach Paige is mentored by Andy Wood MBE who is the Head Coach and Manager at the Ipswich Gymnastics Centre. Andy has over 30 years’ experience in gymnastics coaching and coaches children from pre-school through to international level. Through her association with Andy, Paige has gained momentum in her coaching career and has had the privilege of working with International Level Gymnasts in Ipswich.

Paige wants to now build a club coaching children from total beginners and developing them into competing gymnasts initially with other local clubs but then progressing to Regional and then National competitions. The classes will be about having fun, learning in line with British Gymnastics Proficiency Awards and doing something different every week.

The club which is based at the Paces Campus sports hall is going from strength to strength with an ever growing inventory of equipment and developing new classes and holding competitions at the centre. The development of the club has been amazing as it has continued to grow and become a real asset to the community of High Green.

ANN RERESBY TRUST
Now open for applications.
Young women from High Green aged between 16 and 25 in either higher or further education are able to apply for a grant to help with the purchase of books or equipment for their studies.
To make an application or for further information contact
Kathleen Chadwick on 0114 2848575
or David Cooper on 0114 2847226
CLOSING DATE 31ST October 2016

FRIDAY FEAST
Two course meal available every
Friday at 4.30pm to anyone that
wants to attend at
St Saviour’s
Church Hall,
Mortomley Lane.
£1 per adult,
Children eat FREE

SKATE PARK
You will find this brand new skate
park on Angram Bank park. The
children are enjoying using their
skateboards, scooters and bikes on
the new equipment. A big THANK
YOU to the two ladies from High
Green Action Team that worked tirelessly to track down the funding so that this project could go ahead.

This Newsletter is put together by local volunteers. Start-up funding was provided by High Green Community Wellbeing Programme. To enable us to keep this Newsletter in production each month we need to raise funds for printing costs. If you run a local business please talk to us about sponsoring us.
The Project
If you find yourselves with unwanted plants this Autumn, St. Saviours Community Allotment/Garden will make good use of them. We have done a lot of work on the garden area this summer and we are now ready for planting. We could always do with more volunteers so please come along and join us. We are open Tuesday, Thursday and Saturday mornings from 10.00am to 12.00pm.
Look out for the first Saturday in December which is the 3rd as there will be a Bar-b-Que and decorating a tree or two on the allotment ready for Christmas.
St. Saviours Community Shop on Greengate Lane could always do with new items to sell, such as clothes, toys, household goods and furniture. All items must be of good quality please, and you can take them to the shop between 9.30am and 3.30pm. Again if you would like to be a volunteer in the shop please give Maureen a ring to have a chat.
Contact phone no. is 0114 2844003

Vote for a Local Project
Vote Paces Sheffield and help to raise much needed funding towards our Inclusive Play Area!
Paces is a specialist centre for children and young adults with cerebral palsy and other motor disorders based on Paces Campus in High Green.
There is presently no area for outdoor play at Paces and our plan is to develop a play area that has been designed to enable children of all abilities to play together.
Tesco has teamed up with Groundwork UK on its Bags of Help initiative in hundreds of regions across England and Wales. Paces has been shortlisted through the initiative to receive a grant award. The scheme will see three community groups and projects in these regions awarded grants of £12,000, £10,000 and £8,000 - all raised from the 5p bag charge.
The public can vote in the Tesco Chapeltown Express store from 31st October to 13th November on who should receive the £12,000, £10,000 and £8,000 grant awards.

Paces would love to get your vote!
Thank you for your support

High Green in Bloom
At the recent Yorkshire In Bloom Awards High Green in Bloom were awarded an "Outstanding" level of achievement for their entry in the "It's Your Neighbourhood" category and received a Gold award for their work in the Rose Garden, Mortomley Park.
High Green Methodist Church were again awarded Gold for the church grounds. Thank you to the local community for all your words of encouragement.
We are always looking for new volunteers, contact 0114 2847226 if you are interested in getting involved.
Congratulations also to our friends at Burncross who achieved Silver-Gilt standard for their Spring display and a Gold award for Summer.

Quick and Easy Recipe
Butterflied Chicken Breast with Capers & Olives
Serves one
1 skinless chicken breast fillet
A little seasoned flour
1 tbsp olive oil
1 large tomato – chopped
2 tsp capers
Handful of olives
Splash white wine (or water)
Chopped chives/parsley

Slice the chicken breast almost in half, open out and bash with rolling pin to flatten between cling-film. Heat oil in frying pan, coat chicken with seasoned flour and cook for 3-4 minutes on each side until crisp. Remove from pan and keep warm.
Add tomato, capers, olives and wine to pan and bring to boil. Season to taste and continue to simmer until tomato starts to break down (2-3 minutes).
Spoon over the cooked chicken breast and sprinkle with the chopped chives/parsley.
Serve with boiled new potatoes and a crisp green salad.
### WHAT'S ON

#### REGULAR ACTIVITIES

**MONDAY**
- **St Mary's Lunch Club**
  From 12.30pm – St Mary’s church every second Monday of the month
- **Golden Days Age Well Group**
  1.30pm to 3.30pm – Miners Welfare

**TUESDAY**
- **Tea & Toastie Club**
  9.00am to 12 noon - High Green Miners Welfare
- **Health Walks**
  10.30am to 11.30am start Meet by Ecclesfield Parish Council Office
- **Chatty Crafters**
  12 noon to 4.00pm Ecclesfield Parish Council Community Room, Pack Horse Lane
- **Job Club**
  1.00pm to 3.00pm - The Project, Greengate Lane
- **Kids Cook and Eat**
  4.00pm to 6.00pm The Old School Café, Paces Campus. £2.50 per child, bring an apron. Book 0114 2844444
- **Kids Club**
  5.30pm to 7.30pm – Angram Bank Pavilion

**Wednesday**
- **Art Classes**
  9.00am to 4.00pm – Parish Council Community Room, Pack Horse Lane
- **Coffee Morning**
  10.00am to 12 noon at High Green Methodist Church, Wortley Road
- **Coffee/Brunch Club**
  10.30am to 12 noon – Angram Bank Pavilion

### REGULAR ACTIVITIES

**THURSDAY**
- **High Green Saving Scheme**
  9.30am to 10.30am - The Project, Greengate Lane
- **Coffee Morning**
  9.30am to 11.00am – Newgate Close Community Centre
- **Fitness and Fun**
  11.00am to 1.00pm - Paces Campus, Pack Horse Lane
- **Crafty Cards**
  12 noon to 4.00pm Ecclesfield Parish Council Community Room, Pack Horse Lane
- **Kids Church Club Activities**
  3.45pm during term time – Foster Way Pavilion. Games, snacks, bible stories & crafts
- **192nd Sheffield Brownies**
  6.00pm to 7.30pm – St Saviours Church Hall, Mortomley Lane
- **Shape & Tone Fitness – Total Body Workout**
  6.15pm - 7.15pm - Paces Campus, Packhorse Lane

**FRIDAY**
- **The High Green Mother’s Union - Coffee, Cake and Company**
  10.30am to 12 noon, 2nd Friday of each month – St Saviours Church, Mortomley Lane, Pack Horse Lane
- **Friday Art Group**
  10.00am to 12 noon - Parish Council Community Room
- **Kinsey Road Lunch Club**
  12 noon to 2.00pm - Kinsey Road Centre Community Room
- **Martial Arts - Karate, Aikido and Ju-jitsu – Miners Welfare**
  7.00pm to 8.15pm – ages 6 to 16, 8.15pm to 9.30pm - adults

**SATURDAY**
- **Knit & Natter**
  12 noon to 2.00pm, 1st Saturday of each month – Dressmakers Workshop, Mortomley Lane

### EVENTS

**Halloween Event - Malice in wonderland**
  Saturday 29th October
  Meet at the Café, Paces Campus, Packhorse Lane
  Meet at 5pm sharp!
  Cost - £5 per child
  Tickets - Call 0114 284 4444 or visit Paces reception

**T@3 Tea Dance**
  Sunday 30th October
  3pm-6pm Miners Welfare Hall
  Tickets £5.00

**Christmas Market**
  Thursday 24th November
  A trip to Lowry Outlet, Salford Keys
  Contact Mortomley Tara 07980728992

**High Green’s Mining Past Exhibition**
  St Saviour’s Church, Mortomley Lane, High Green
  Friday 9th, Saturday 10th & Monday 12th December 10.30am – 4.00pm
  Sunday 11th December at 11.00am Commemorative service.
  Exhibition open 2.00pm – 4.00pm
  The exhibition will commemorate the life of local man, Parkin Jeffcock, and his rescue attempt 150 years ago following England’s worst mining disaster at the Oaks Colliery, Barnsley, and the building of St. Saviour’s Church in his memory.
  Also featuring:
  High Green children in mines in the 1840s; the Westwood riots; the Rockingham Pit riots; the Wharncliffe Silkstone disaster etc.
  Newton Chambers’ coal mines and Izal production
  High Green street scenes and families of the past
  Free entry; tea & coffee; free leaflet; bookstall

### LET US SPREAD THE WORD

Do you know of an event or regular activity happening in High Green?

Email details to:
TheHighGreener@hotmail.com
**golden days**

The Golden Days (60+ Club) meets each Monday at High Green Miners Welfare Community Hall, Greno View Road, High Green, from 1.30pm-3.30pm. Activities include a variety of games designed to keep the mind active including bowling, local history, art classes, music, topical discussions, visits to local theatre and places of local interest. Hot drinks and biscuits are included in a small weekly charge which is payable on the day. Membership is open to anyone male or female over the age of 60 and other helpers are welcome. A car park is available at the rear of the building accessed from Angram Road. Winne Brooks aged 101 year old from High Green is the eldest member and is a great ambassador for the group. Raymond Waller from Chapeltown, aged 85 is attending with his sister Sylvia who is on vacation from down under in Australia for three months. Further details are available from Kate by calling 0114 284 8497.

Raymond Waller can be contacted on 0114 246 6322.

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**useful numbers**

**Doctors:**
High Green Health Centre, Thompson Hill 0114 232 9030
Dr R T Kemp, High Green Health Centre, Thompson Hill 0114 286 7000
Dr W E Warren, High Green Health Centre, Thompson Hill 0114 286 7000
Dr C A Mills, High Green Health Centre, Thompson Hill 0114 286 7000
Dr C A Mills, Burncross Surgery, 1 Bevan Way 0114 232 9030
Dr M Z Mahmood, Cape Horn Medical Centre 1 Jeffcock Rd 0114 284 6722

**Pharmacies:**
Lloyds Pharmacy, Foster Way 0114 284 8219
Rowlands Pharmacy, The Old Surgery, Bevan Way S35 1RN 0114 246 2636
ASDA Pharmacy, 1 Market St, Chapeltown 0114 240 4210
Lloyds Pharmacy, 96A Mill Rd 0114 246 9383
Inside Nisa, 104 Wortley Road 0114 2847007

**Dentists:**
Michael & Margaret Naylor & Associates, High Green Dental Practice 3 Wortley Road 0114 246 846723

**Vets:**
Beech House Vets, 106 Greengate Lane 0114 2844855
beech.house.vets@zen.co.uk
Abby Vets, Wortley Road 0114 284 8481

**Non-emergency police number - 101**