

# Services and Groups in High Green

## Health Services

### Doctors Surgeries

**High Green Health Centre**, Thompson Hill, High Green, tel 286 7000

**Cape Horn Medical Centre**, 1 Jeffcock Road, High Green, tel 284 6722

**Dentists**- M & MR Naylor & Associates, 3a Wortley Road, High Green, Tel 284 6723

**School Nursing Service** for school age children tel 271 6202 (changing to 205 3805 later this year)

**Chapel Green Health Visiting Team**, High Green Health Centre, tel 284 7660

**Post Natal Support Group** for first time mothers, High Green Health Centre

**Community Well Baby Clinic**, High Green Health Centre, Tuesdays 9.30-11.45

**Community Well Baby Clinic**, Chapeltown Library, Thursdays 10.00-12.00, Speech and Language Therapist, and the Oral Health team visit once a month.

**Children's Centre Services** for families with children 0-5 contact Helen Lomas, on tel 205 3807

**Family Support worker**, for more information telephone Helen Lomas on tel 205 3807

**Multi-Agency Support Team**, tel 205 3805 for the Education Welfare officer, Senior Learning Mentor and Engagement with Learning Teacher. Later this year the School Nursing team can also be contacted on this number.

**Specialist Advice Worker** for High Green, contact Joanne Abdulla tel 232 1045

**Stop Smoking Support Groups** for High Green Health Centre Patients tel 284 7660

**Sheffield Homes bi-monthly estate walk about.**

New website for children, families and workers about local services and activities for 0-19 year-olds in Sheffield [www.asksid.net](http://www.asksid.net)

## Local Government

**West Ecclesfield Ward Councillors** tel 273 5517

**Parish Council Office** Mortomley Lane tel 284 5095

## Community & Voluntary Organisations

**Families Affected by Drugs Support Group (FADS)** meets fortnightly at Ecclesfield parish Centre, Mortomley Lane, High Green. Tel 273 6851 for more information

**Friends of Chapeltown and High Green Parks** Tel 246 7483 for more information

**Agewell Groups**, meet at the Miners Welfare, Newgate Close, Charles Square and Kinsey Road.

**Tenants & Residents Associations (TARA's)** For information on: Angram Bank, Mortomley, and Lane End TARA, contact the TARA liaison team on tel 293 0000

**High Green Community Forum** tel 2848231 or 2844444

## Holiday Activities

**Blast Off** - Sporting events during the school holidays for 11-16 year-olds. Contact Lynne Hilson, Sheffield Futures tel 231 3573

**Extended Service** during school holidays for children aged 8-16, contact Sarah Hague tel 07923 537378

**Holiday Activities** for 8-16 year olds. Contact Mark Hible at Activity Sheffield tel 07734 595928

**Bands and Blooms Gala** held during the summer at Angram Bank.

# Healthy High Green



Sheffield has never been healthier than it is now. Life expectancy is increasing but differences remain between different parts of the city.

**High Green is being targeted through an Enhanced Public Health Programme to try and improve health.**

## What are Enhanced Public Health Programmes?

Enhanced Public Health Programmes bring together health promotion activities and work to improve the uptake of health services and health related interventions. The programmes are developed with local people, as research shows that real improvement in well-being can only come about through the involvement of people in the community.

### We have been asking for your views

Several organisations have carried out consultations in High Green over the past year.

- Age concern have been talking to older people
- Safer Neighbourhoods have been talking to people about community safety issues.
- Parents have been asked their views about the new Children's Centre being built at Angram Bank
- The Primary Care Trust has been talking to partners working in High Green with a view to developing a plan for High Green and agreeing priorities for action.

## What did you tell us you wanted to see changed?

Talking to local workers and residents has raised a wide range of issues. People told us they would like to see:

- More activities for young people
- More health services delivered locally, so people do not have to travel so far
- Address the problem of isolation for older people
- Better public transport links
- Better access to places providing training and adult learning
- Help groups to work together to fund more activities in High Green

On the centre and back pages you will find information about activities, groups and services available locally. If there is anything you would like to raise about living or working in High Green, please fill in the tear off slip on the back page and return it to the Primary Care Trust at Hillsborough Barracks.

## What do you think?

If you have any comments about services or activities, or have any suggestions to make about improvements you would like to see in High Green, please let us know by returning this slip to:

Margot Jackson  
Sheffield Primary Care Trust  
West Court  
Hillsborough Barracks  
Langsett Road,  
Sheffield, S6 2LR,  
by 1st May 2008

sheffield futures  
youth clubs  
Chapel town Training Centre  
530 Lane End  
Chapeltown  
535 242 Benham  
Mon 630-900  
Wed 630-900 contact Carol B...  
2313573

**Westwood Country Park**

Concorde Model Flying club meets at weekends for more info tel 246 2460 or look at the web site [www.concordemfc.co.uk](http://www.concordemfc.co.uk)  
Chapelton & District Angling Association, meet at Westwood Country Park tel 284 5424

**Greengate Lane School**

Coffee morning & drop in session for parents with children at Greengate Lane, Wednesdays.  
Childminders group for childminders and their children 9.30-11.00, Thursdays, Greengate Lane School.

**Activities at Chapelton Baths**

Aqua aerobics, women only sessions, 50+ swim, swimming lessons for children & adults, water babies, family swim, inflatable fun swim, mini polo, Chapelton swimming club, Chapelton sub aqua club, South Yorkshire diving academy and public swimming sessions. Tel 257 0354 for more information

**High Green Scout Group**

Packhorse Lane, High Green  
Various times for different age groups Tel 246 5112 for more information

**Activities at****Angram Bank Pavilion**

Mother & Toddler Gp  
Thurs 9-11am (Term time only)  
A.C.F CHILDREN  
Wed 2-4pm (Drop in) THURS 10-5pm

**High Green Working Mens Club**

Table Tennis, Monday evenings  
Tel 2848239

**Activities at High Green Methodist Church**

Coffee Morning  
Wed 10 am - 12 noon  
High Green Brass Band  
Thurs 6.00-7.15pm  
All Welcome

**Chapelton Community Centre**

Hosts playgroups, sports, folk dancing, house church, brownies, girl guides, keep fit and has rooms for hire, tel 245 2230 for more information

**Activities at Thorncliffe**

Valley Hill Runners, meet at Thorncliffe Pavilion, Mortomley Close, every Monday, Wednesday & Friday at 6.30pm, Tel. 246 3076

**Angram Bank School**

Toddler sessions at Angram Bank School, Monday am and Thursday pm open to all parents in High Green.

Thorncliffe Bowling Club, Meets daily April-Sept, tel 246 2200 or 284 6184

**Activities at St Mary's Community Room**

Bingo club	Thurs 7.45-9.00pm
Karate Club	Mon 6pm-7.30pm
Mother & Toddler Gp,	Tues 9.30-11.30am
Pre-school Playgroup,	Wed 9.30-11.30am
Tree tops social club,	Tues 6.30pm-9pm
Weight Watchers,	Wed 6pm-7.30pm

**Activities at St Saviours Church**

Alzheimers Lunch Club	Thurs 10-2pm
Genesis 2 Youth Club	Thurs 6-9pm 6.30-8.30
Mothers Union	Tues 2pm - 8.30pm

(once a month)  
Chapelton Silver Prize Band, Monday 7.30-10.00pm & Thursday 7.45-10.00pm

**Activities St Saviours Church Hall**

Brownies	Thurs 6.30-7.30pm
Ladies Keep Fit	Thurs 7.45-8.45pm
Line Dancing	Tues 7.30-9.30pm
Little Angels	Thurs 9-11am
Mother & Toddler Gp	
Rainbows	Thurs 5-6.30pm
Slimming World	Wed 10-12
	Wed 7-9pm
St Johns Lunch club	Friday 11am-2pm
Taekwondo	Tues 6-7pm
Weight Watchers	Mon 10-12

For all enquiries about the church hall contact Mike Gray on 286 9656.

**Activities at the Miners Welfare Hall**

Agewell	Mon 1.30-3.30
Healthy Walks	Tues 1.30-2.30
Keep Fit	Mon, 7.15-8.30
Karate	Tues, Thurs & Sat
	Tel 288 8651
Yoga (WEA)	Thurs 10.15-12

**Groups meeting at the Paces Centre**

Aerobics,	Thurs 6.30-7.30pm
Art Classes	Wednesday
(Coterie gallery)	Beginners 10.30-12.30
	Improvers 2-4pm
Badminton,	Sun, 6-7pm
Cheerleading,	Fri, 5.15-6.15pm
	& Sat 10-11am
Cricket	Sat am. Tel 07821 604680
Football (ages 5-9)	Mon, 4-5pm
SUFC Football Academy (Junior)	Fri, 4-5pm
Mini Tennis (Junior)	Fri 5-6pm & Sat 11.30-12.30pm
	Sun 5-6pm
Netball (ladies)	
Sia Sano Eastern Dance class	Thurs 7pm Tel 0777 2163157
Steps Nursery	Mon-Fri 8am-6pm
Tel 284 8060	(6 months-4yrs+)
Stomp Clubs	Tel 2847071
Toddler Group	Mon, Wed, Fri, 9.30-11.30am
Breakfast club,	Mon-Fri 7.30-9.00 (term time)
After school club,	Mon-Fri 3-6pm (term time)
Play scheme	Mon-Fri 8am-6pm (school holidays)

**Sheffield Martial Art Centre**

children & adult classes  
phone 2846060

Taekwondo,	
Kick Boxing	
Tai Chi	
Laido (Samurai Sword)	
Little Tigers after school club	

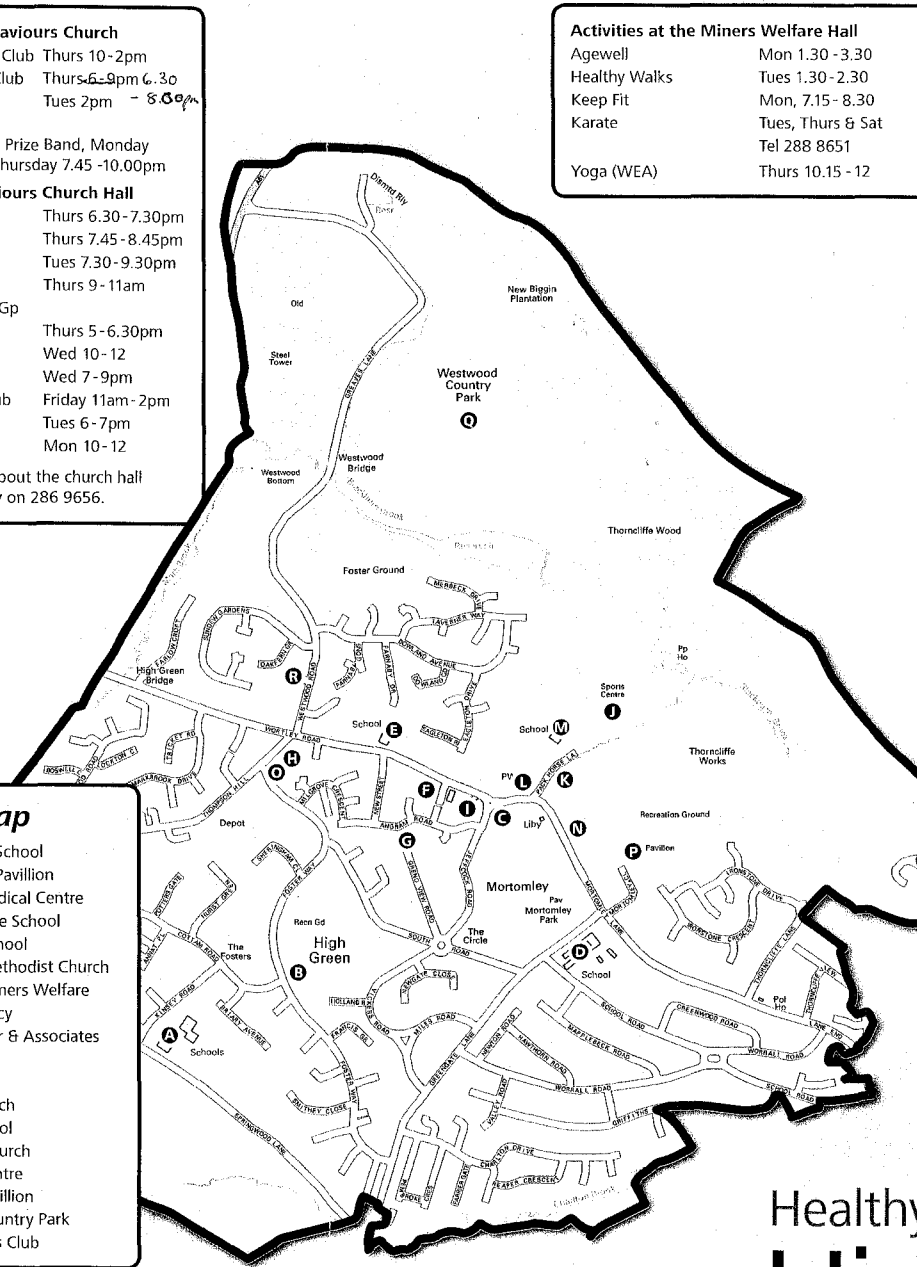
**Stroke Group**

Mon & Thurs 1.30-4pm	
Tel 284 5298	
<b>Youth Club</b>	Mon & Wed 6.30-9pm
(Sheffield Futures)	Tel 284 3573

There are many opportunities within Paces to hire spaces large and small: from a warehouse to an office or just a desk, all with additional services e.g. internet access, photocopying, reception/administration and postal facilities. Meeting rooms and a fully equipped computer training room are available for hire where refreshments can be provided for a small fee. There is also a dance studio and sports hall for hire. Contact reception on 284 4444 for details.

**Key to map**

A	Angram Bank School
B	Angram Bank Pavillion
C	Cape Horn Medical Centre
D	Greengate Lane School
E	High Green School
F	High Green Methodist Church
G	High Green Miners Welfare
H	Lloyds Pharmacy
I	M & MR Naylor & Associates
J	Paces Centre
K	Scout Hut
L	St Mary's Church
M	St Mary's School
N	St Saviour's Church
O	The Health Centre
P	Thorncliffe Pavillion
Q	Westwood Country Park
R	Working Men's Club



Healthy  
**High Green**