

Identification and Brief Advice – Reducing Alcohol Related Harm Free Half-day Courses

This training is for:

These courses are designed for Sheffield based workers and volunteers who come across people who are either at risk of developing problems with alcohol or who are experiencing moderate problems with alcohol but who are not dependent. This course is specifically for people who work with adults and who haven't received training in this area before.

The training is being delivered by:

Sheffield Alcohol Advisory Service (SAAS) are contracted by the Sheffield Drug & Alcohol Action Team (DAAT) to provide this training as part of a wider strategy to reduce alcohol related harm in Sheffield. SAAS is a community based drug and alcohol treatment agency with a proven track record for high quality vocational training.

The aim of this training is:

To develop knowledge and understanding of how to deliver effective brief advice to people who are at risk of developing problems with alcohol

Specifically you will:

1. Consider what Identification and Brief Advice is and for whom these interventions are suitable
2. Develop knowledge around alcohol, its effects and associated risks
3. Familiarise yourself with the AUDIT screening tool for identifying hazardous and harmful drinking behaviours
4. Understand how to structure and conduct a brief advice session
5. Understand how and when to refer people requiring more than a simple brief intervention for specialised alcohol treatment

The half-day training is offered on the following dates:

Dates: 27 January (morning or afternoon), 29 January (morning) at Manor Library, Ridgeway Road, Sheffield S12 2SS.

12, 15 or 24 February (morning or afternoon) – The Circle, 33 Rockingham Lane, Sheffield, S1 4FW.

Times: Morning sessions are 9.30 – 12.30, afternoon sessions are 1.30 – 4.30.

To book your place:

Please 'phone the Training Team on 0114 2506962. Places are offered on a first come first served basis.

If your organisation has a large group of people who wish to attend this training, we may be able to deliver it to your staff in house. Please call for further details.